

Scheme of Work - Progression

PE
Year 7 - 6ème

Period 1	<p>Du 04/09 au 14/11</p> <p>Running/Throwing 6°gr1</p> <ul style="list-style-type: none"> -Acquiring specific techniques to improve efficiency. -Making use of a range of resources (physiological, biomechanical, psychological, emotional) to act efficiently. -Assuming social roles specific to various PSAAs and to the class. -Understanding and applying the principles of good health practices. <p>Gym 6°gr3</p> <ul style="list-style-type: none"> -Acquiring specific techniques to improve efficiency. -Repeating actions for increased consistency and efficiency -Using electronic resources to observe, assess and modify personal activities. -Being responsible for one's own personal safety and that of others in varied situations. - Being involved in group sporting and artistic activities. -Understanding and applying the principles of good health practices. <p>Wrestling 6°gr2</p> <ul style="list-style-type: none"> -Acquiring specific techniques to improve efficiency. -Repeating actions for increased consistency and efficiency -Assuming social roles specific to various PSAAs and to the class. -Understanding and applying the principles of good health practices. <p>Climbing 6°gr3</p> <ul style="list-style-type: none"> - Undertaking a journey (alone or as part of a group) through several unusual environments, in an artificial or managed natural setting. - Knowing and complying with the safety rules applicable to each environment. - Identifying the responsible party to be notified or the procedure to be followed in the event of a problem. <p>Touch rugby 6°gr2</p> <ul style="list-style-type: none"> -Acquiring specific techniques to improve efficiency. -Repeating actions for increased consistency and efficiency. -Being responsible for one's own personal safety and that of others in varied situations. Being involved in group sporting and artistic activities. <p>Ultimate 6°gr1</p> <ul style="list-style-type: none"> -Adapting motor skills to various situations. -Repeating actions for increased consistency and efficiency -Understanding, complying with and enforcing rules and regulations. -Understanding and applying the principles of good health practices.
	<p>Du 17/11 au 22/01</p> <p>Dance 6°gr1</p> <ul style="list-style-type: none"> -Making use of a range of resources (physiological, biomechanical, psychological, emotional) to act efficiently -Learning by acting, observing and analysing one's own activity and the activity of others. -Using electronic resources to observe, assess and modify personal activities. -Being responsible for one's own personal safety and that of others in varied situations. - Being involved in group sporting and artistic activities. <p>Gym 6°gr1</p> <p>Wrestling 6°gr3</p> <p>Climbing 6°gr2 (CF Period 1)</p> <p>Touch rugby 6°gr3</p> <p>Ultimate 6°gr2</p>
	<p>Du 26/01 au 26/03</p> <p>Rugby grp2</p> <p>Gym grp3</p> <p>Dance grp3</p> <p>Wrestling gr2</p> <p>Running /Throwing gr2</p> <p>Ultimate gr1</p>
	<p>Du 13/04 au 11/06</p> <p>Rugby 6°gr1</p> <p>Gym 6°gr2</p> <p>Dance 6°gr2</p> <p>Wrestling 6°gr1</p> <p>Running /Throwing 6°gr3</p> <p>Ultimate 6°gr3</p>