

PHYSICAL EDUCATION - CM2

PRODUCE AN OPTIMAL PERFORMANCE MEASURABLE IN TIME

	P1	P2	P3	P4	P5
Make physical efforts and combine different motor skills through varied activities to perform faster, longer, higher and further	Athletics Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Fitness Invasion Games Striking & Fielding
Combine running, jumping and throwing to achieve the best combined performance	Athletics Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Invasion Games Striking & Fielding
Measure and quantify performance; recording, comparing, ranking it and converting it into graphs	Athletics				Fitness Invasion Games Striking & Fielding
Play the roles timekeeper and observer	Athletics Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Invasion Games Striking & Fielding

ADAPT PHYSICAL MOVEMENT TO A RANGE OF VARIED ENVIRONMENTS

	P1	P2	P3	P4	P5
Undertake a journey through different unfamiliar environments, in an artificial or controlled natural setting (alone or as part of a group)	Athletics Gymnastics	Gymnastics	Dance	Dance	Fitness ASSN
Know and comply with the safety rules applicable to each environment	Athletics Volleyball Gymnastics	Gymnastics Volleyball Football	Basketball Rugby Dance	Ultimate Frisbee Basketball Dance	Invasion Games Striking & Fielding Fitness ASSN
Identify the responsible party to be notified or the procedure to be followed in the event of a problem	Athletics Volleyball Gymnastics	Gymnastics Volleyball Football	Basketball Rugby Dance	Ultimate Frisbee Basketball Dance	Invasion Games Striking & Fielding Fitness ASSN

Pass the Attestation Scolaire de Savoir Nager (ASSN) swimming certificate in accordance with the Decree of 9 th July 2015					ASSN
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SUCCESSFULLY PARTICIPATE IN TEAM OR OPPOSITION GAMES

	P1	P2	P3	P4	P5
Engage in an opposition or team game and follow the rules. Make tactical arrangements to win a game or a match by identifying scoring opportunities	Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Invasion Games Striking & Fielding
Maintain appropriate levels of physical efficiency for the entire game time	Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Invasion Games Striking & Fielding
Show respect to partners, opponents and the referee	Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Invasion Games Striking & Fielding
Take on different roles (player, referee, observer) inherent to the activity and the structure of the class	Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Invasion Games Striking & Fielding
Accept the outcome of the game and be able to comment on it	Volleyball	Volleyball Football	Basketball Rugby	Ultimate Frisbee Basketball	Invasion Games Striking & Fielding

EXPRESS ONESELF BEFORE OTHERS THROUGH AN ARTISTIC/ACROBATIC PERFORMANCE

	P1	P2	P3	P4	P5
Perform 2 sequences in a small group: one with acrobatic aim intended to be judged, one with artistic aim intended to be appreciated and express feelings	Gymnastics	Gymnastics	Dance	Dance	Fitness
Know how to film a performance to review or improve it	Gymnastics	Gymnastics	Dance	Dance	Fitness
Respect others' performance and agree to perform in front of others	Gymnastics	Gymnastics	Dance	Dance	Fitness