

PHYSICAL EDUCATION - CE2

PRODUCE AN OPTIMAL PERFORMANCE MEASURABLE IN TIME

	P1	P2	P3	P4	P5
Run, jump and throw at different levels of intensity and durations.	Athletics Fitness	Fitness / Basketball / Racket Games	Fitness / Circuits	Dodgeball	Athletics Fitness
Know how to differentiate: running fast/running for a long time, throwing far/throwing precisely, jumping high/jumping far.	Athletics Fitness	Fitness	Fitness / Circuits		Athletics Fitness
Accept to aim for a measured performance and accept to compete with others.	Athletics Fitness	Fitness	Fitness / Circuits		Athletics Fitness
Play different specific roles (timekeeper, observer, referee...)	Athletics Fitness Volleyball Gymnastics Dance Basketball	Dance / Fitness / Gymnastics / Volleyball / Basketball / Racket Games	Fitness / Gymnastics / Volleyball / Basketball / Racket Games / Hockey	Dance/ Football/ Hockey / Invasion Games / Dodgeball	Dodgeball / Invasion Games / Football/ Hockey / Athletics

ADAPT PHYSICAL MOVEMENT TO A RANGE OF VARIED ENVIRONMENTS

	P1	P2	P3	P4	P5
Undertake a parkour adapting one's movements in an unfamiliar environment. The space is controlled and supervised.	Dance / Fitness / Gymnastics / Athletics	Dance / Fitness / Gymnastics	Fitness / Gymnastics	Dance	Athletics
Know and comply with the safety rules applicable to each environment.	Dance / Fitness / Gymnastics / Athletics / Volleyball / Basketball	Dance / Fitness / Gymnastics / Volleyball / Basketball / Racket Games	Fitness / Gymnastics / Volleyball / Basketball / Racket Games / Hockey	Dance/ Football/ Hockey / Invasion Games / Dodgeball	Dodgeball / Invasion Games / Football/ Hockey / Athletics

SUCCESSFULLY PARTICIPATE IN TEAM OR OPPOSITION GAMES

	P1	P2	P3	P4 and P5
Engage in an opposition or team game and follow the rules.	Volleyball / Basketball	Volleyball / Basketball/ Racket Games	Volleyball / Basketball/ Racket Games /Hockey	Football/Hockey / Dodgeball / Invasion Games
Control one's motor skills and emotions to perform simple actions.	Volleyball / Basketball	Volleyball / Basketball/ Racket Games	Volleyball / Basketball/ Racket Games /Hockey	Football/Hockey / Dodgeball / Invasion Games
Understand the objective of the game.	Volleyball / Basketball	Volleyball / Basketball/ Racket Games	Volleyball / Basketball/ Racket Games /Hockey	Football/Hockey / Dodgeball / Invasion Games
Identify one's opponent and one's team-mates	Volleyball / Basketball	Volleyball / Basketball/ Racket Games	Volleyball / Basketball/ Racket Games /Hockey	Football/Hockey / Dodgeball / Invasion Games

EXPRESS ONESELF BEFORE OTHERS THROUGH AN ARTISTIC/ACROBATIC PERFORMANCE

	P1	P2	P3	P4	P5
Express feelings through one's body	Dance/ Gymnastics / Fitness	Dance/ Gymnastics / Fitness	Gymnastics / Fitness		Fitness
Reproduce a simple sequence of actions practiced in class or present a creative sequence.	Dance/ Gymnastics / Fitness	Dance/ Gymnastics / Fitness	Gymnastics / Fitness		Fitness
Adapt movement to rhythm, memorise steps/poses/elements and sequences to perform individual or group performances.	Dance/ Gymnastics / Fitness	Dance/ Gymnastics / Fitness	Gymnastics / Fitness		Fitness